



CITY OF NASHUA

Division of Public Health & Community Services

18 MULBERRY STREET • NASHUA, NH • 03060



Weekly Update - September 17, 2021

Dear Community Partner,

As the chief public health strategist for the Greater Nashua Public Health Region (GNPHR), the Nashua Division of Public Health and Community Services (DPHCS) prepares weekly updates to inform our community on matters related to the health and safety of our community. The Greater Nashua Public Health Region (GNPHR) includes the towns and cities of Amherst, Brookline, Hollis, Hudson, Litchfield, Lyndeborough, Mason, Merrimack, Milford, Mont Vernon, Nashua, Pelham, and Wilton.

COVID-19 Data Update

Community level transmission is determined by two metrics established in conjunction with the State of New Hampshire Department of Health and Human Services (DHHS) and the Centers for Disease Control and Prevention (CDC). When the number of new cases per 100k over 14 days is less than 50 OR the percent positivity rate is below 5%, a community is designated as "**GREEN**" or minimal. When cases exceed 50 per 100k OR the percent positivity rate is between 5% to 10%, a community is designated as "**YELLOW**" or moderate. When a community exceeds the highest threshold (>100 cases per 100k OR >10% positivity rate), a community is designated as "**RED**" or substantial.

Currently, the city of Nashua is experiencing **SUBSTANTIAL** community level transmission.

Active Case

A case that is currently sick or in isolation due to COVID-19.

New Infections per 100k

Number of new cases within 14 days standardized by population size to compare across groups. This shows how quickly disease is occurring in the community or the incidence of disease.

7-Day Total Test Positivity Rate

Number of PCR and Antigen tests that are positive compared to the number of PCR and Antigen tests that are negative over the past 7 days. A rising positivity rate indicates a rising number of infections in the community.

Fully Vaccinated

Percent of residents fully vaccinated. Full vaccination occurs 2 weeks after the second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

COVID-19 DATA METRICS

Updated: 9/17/2021

CASES



CITY OF NASHUA

Active Cases: 160

New Infections per 100k: **284.4**

7-Day Total Test Positivity Rate: **4.6%**

GREATER NASHUA

Active Cases: 468

Level of Community Transmission:
SUBSTANTIAL

FULLY VACCINATED

CITY OF NASHUA: 51.6%

GREATER NASHUA: 51.6%

NEW HAMPSHIRE: 54.3%

BE PART OF THE SOLUTION!



Monoclonal Antibody Infusion for High-Risk COVID-19 Positive Patients

When the COVID-19 pandemic first began, no specific treatment for COVID-19 existed. Since this time, the U.S. Food and Drug Administration (FDA) has granted Emergency Use Authorization (EUA) to several monoclonal antibody therapies as a treatment for COVID-19.

Monoclonal antibodies are man-made proteins that can help fight off COVID-19 and reduce the risk of severe disease and hospitalization, if administered to high-risk patients soon after diagnosis. With monoclonal antibody therapy, physicians now have a way to help prevent severe symptoms from developing in individuals who are high risk.

Individuals who test positive for COVID-19 should talk to their healthcare provider to determine if they are at high risk for severe outcomes of COVID-19 and if they are eligible for monoclonal antibody treatment. Anyone who does not have a healthcare provider can contact a local ConvenientMD.

In June 2021, the CDC Foundation hosted a webinar on "[Monoclonal Antibodies for COVID: A Lifesaving Treatment Your Community Should Know About](#)". You can learn more about monoclonal antibody treatment [here](#).

MONOCLONAL ANTIBODY INFUSION LOCATIONS for Persons Who Have Contracted COVID-19 and are At-Risk of Severe Outcomes

STEP 1:

If you test positive for COVID-19, contact your Primary Care Provider to determine if you are at high risk of severe outcomes and eligible for monoclonal antibody treatment. If you do not have a primary care provider, you may contact ConvenientMD or other health providers. If you require emergency care, you may be seen in person at an emergency room.

Step 2:

If your healthcare provider determines you are eligible for the treatment, they will contact a Monoclonal Antibody Infusion Site to request an infusion appointment.

Step 3:

The Monoclonal Antibody Infusion Site will contact you. If it is determined you meet clinical criteria, the site will provide specific instructions on your appointment.



HOSPITAL LOCATIONS

- | | | |
|----|---|--------------|
| 1 | Androscoggin Valley Hospital | Berlin |
| 2 | Catholic Medical Center | Manchester |
| 3 | Concord Hospital | Concord |
| 4 | Cottage Hospital | Woodsville |
| 5 | Derry Medical Center | Derry |
| 6 | Dover Freestanding ER | Dover |
| | Operated by Portsmouth Hospital | |
| 7 | Elliot Hospital | Manchester |
| 8 | Lakes Region General Hospital | Laconia |
| 9 | Littleton Regional Hospital | Littleton |
| 10 | Memorial Hospital | North Conway |
| 11 | Monadnock Community Hospital | Peterborough |
| 12 | Spear Memorial Hospital | Plymouth |
| 13 | St. Joseph Hospital | Nashua |
| 14 | Upper Connecticut Valley Hospital | Colebrook |



ConvenientMD LOCATIONS

- | | | | |
|---|---------------------------------|---|-------------------------------|
| 1 | Bedford | 6 | Merrimack |
| 2 | Belmont | 7 | Nashua |
| 3 | Concord | 8 | Portsmouth |
| 4 | Dover | 9 | Windham/Salem |
| 5 | Exeter/Stratham | | |

Please click highlighted locations for website link.



Map is for graphical purposes only, it does not represent a legal survey. 8/30/21

Increased Availability & Adverse Events of Delta-8 THC Cannabis Products

On September 14, the CDC issued a Health Advisory to alert health professionals and the public about the increased availability of cannabis products containing delta-8 tetrahydrocannabinol (THC) and the potential for adverse events due to insufficient labeling.

Delta-8 THC products are increasingly appearing in both marijuana and hemp marketplaces, as well as online. Marketed as "weed light" or "diet weed", the health effects of delta-8 THC have not yet been researched extensively. However, delta-8 THC is psychoactive and may have similar risks of impairment as delta-9 THC. Products that contain delta-8 THC, but are labeled with only delta-9 THC content, likely underestimate the psychoactive potential of these products for consumers.

In 2021, [The American Association of Poison Control Centers \(AAPCC\)](#) introduced a product code specific to delta-8 THC into its National Poison Data System (NPDS), allowing for the monitoring of delta-8 THC adverse events. From January 1 to July 31, 2021, 660 delta-8 THC exposures were recorded with the new product code, and one additional case was recoded as a delta-8 THC exposure from October 2020. Eighteen percent of exposures (119 of 661 cases) required hospitalization, and 39% (258 of 661 cases) involved pediatric patients less than 18 years of age.

The sale of delta-8 THC products is not limited to regulated marijuana dispensaries operated under law. Delta-8 THC products are sold by a wide range of businesses that sell hemp, resulting in the potential to be confused with hemp or CBD products that are not intoxicating. Consumers who use these products may experience unexpected or increased THC intoxication.

POISON EMERGENCY? CALL 1-800-222-1222 OR VISIT [POISONHELP.ORG](#)

- Consumers should be aware of possible limitations in the labeling of products containing THC and CBD, even from approved marijuana and hemp retailers. Products reporting only delta-9 THC concentration, but not total THC, may underestimate the psychoactive potential.
- Consumers should be aware that products labeled as hemp or CBD may contain delta-8 THC, and that products containing delta-8 THC can result in psychoactive effects. Delta-8 THC products are currently being sold in many states, territories, and tribal nations where non-medical adult cannabis use is not permitted by law. Retailers may sell products outside of regulated dispensaries in states, territories, and tribal nations where cannabis use is permitted by law. This may provide consumers with a false sense of safety, as delta-8 THC products may be labeled as hemp or CBD, which consumers may not associate with psychoactive ingredients.
- Parents who consume edibles and other products that contain THC and CBD should store them safely away from children. Children may mistake some edibles that contain THC and CBD (e.g., fruit-flavored gummies containing delta-8 THC) as candy.
- If consumers experience adverse effects of THC- or CBD-containing products that are an immediate danger to their health, they should call their local or regional poison control center at 1-800-222-1222 or 911 or seek medical attention at their local emergency room and report the ingredients of ingested products to healthcare providers.

For more information, [read the full CDC Health Advisory here.](#)

CRUSH THAT FLU BUG!

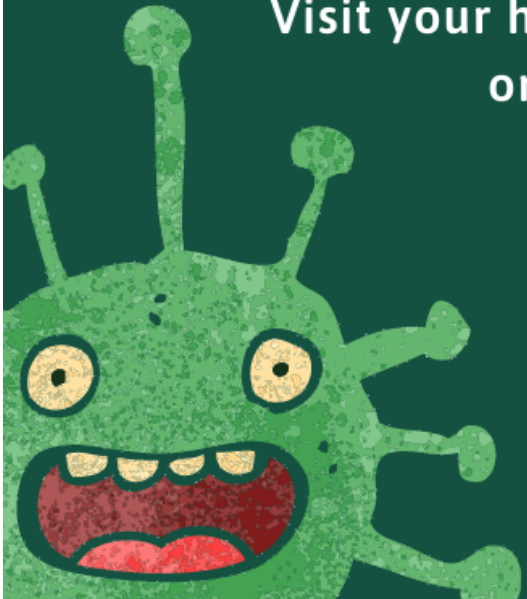

A yearly flu vaccine is the most important step in protecting against flu viruses.

Visit your health care provider, pharmacy, or a Nashua Public Health clinic.

Tuesdays: 4 - 7 PM
Fridays: 9 AM - 12 PM
 Nashua Division of Public Health
 18 Mulberry St., Nashua

Call 603-589-4500, #2 to schedule an appointment.

NashuaNH.gov/DPHCS

DPHCS Immunization Clinic Reminders - Appointments Required

Immunizations are available to improve overall health and prevent diseases for the individual, families, and the community.

As communities continue to open up their services and school is back in session, parents and caretakers should make sure their children are able to stay up to date on routine immunizations. The need for vaccines does not change with age as the protection you receive from vaccination as a child can wear off over time. The vaccines you need as an adult are determined by factors including age, lifestyle, health condition(s), and which vaccines you've previously received during your life. Protect yourself and

your family by staying up-to-date on your immunization schedule. We can help!

DPHCS Immunization Clinics Date & Time:

- Tuesdays 4:00 PM to 7:00 PM
- Fridays 9:00 AM to 12:00 PM

Appointments required: Call 603-589-4500, option 2

Available Immunizations: Chickenpox, COVID-19, Diphtheria, Flu, Hepatitis A & B, Hib, HPV, Measles, Meningitis, Mumps, Pneumococcal, Polio, Rotavirus, Rubella, Shingles*, Tetanus. (**currently have a waiting list*)

Reminders:

- All childhood immunizations are available for children 18 years and younger. A parent or legal guardian must accompany minors under age 18.
- Please bring immunization records if available.
- A fee of \$10.00 is requested at the time of service, per person, per visit. Cash or check accepted. Flu vaccines are \$15 for 18+, no charge for up to age 17 or free with Medicaid card. No one will be turned away due to an inability to pay.
- Vaccines are provided by the State of NH, Department of Health and Human Services Immunization Program and the City of Nashua.

If attending our clinic, please use the side entrance on Elm Street. Clinic is located on the lower level. Metered parking is available on the street and in the Maple Street Parking Lot. Accessible parking is located next to the building on Elm Street.

DPHCS Immunization Clinic Information

EQUITY CORNER: Participate in the 6th annual Water Walk to fund the building of water boreholes in rural Nigerian communities.

"[Giving villages clean water] is not a tall order. It's not a pipe dream. It's something that is not only achievable, but attainable."
"And I believe we can do it."

Join us for Thank You Project's 6th Annual



WE Walk Because THEY Walk.

Saturday, Sept. 18 2021

8:30AM to 12PM

Greeley Park, Nashua

**Clean drinking water is a fundamental human right.
About 1 in 9 people lack access to it.**

**Proceeds will fund the building of water boreholes in
rural Nigerian communities.**

SCHEDULE, REGISTRATION & EVENT DETAILS ON FACEBOOK!

**THANK YOU PROJECT
@TYPWATERWALK**

**Learn more about us by visiting our website -
www.thankyouproject.org**



NHPHA Recruiting Mentors & Mentees for Mentor Program - DEADLINE TODAY

The New Hampshire Public Health Association (NHPHA) is actively recruiting Mentors and Mentees for the fourth cohort of their Mentor Program, which will

begin in October 2021 and finish in May 2022.

Through the program, NHPHA aims to help strengthen the field of public health through recruitment, retention, and growth of strong and committed professionals. The program will be predominantly virtual this year, and will be a helpful tool for students looking to make connections with public health professionals.



The deadline for applications is today, September 17, 2021. If you or someone you know may have an interest in being a mentor or mentee, please visit [NHPHA's website](#) for applications and additional information. Information regarding program goals, qualifications, matching process, etc. is located in the [guidebook here](#).

If you are interested in participating as a mentor or a mentee, please complete the application and email it to Autumn Raschick-Goodwin at info@nhpha.org.

Prepare to Protect: Stay Informed

This week, celebrate National Preparedness Month by being informed.

Natural disasters don't wait for a convenient time. Preparing for them shouldn't wait either. Know what disasters and hazards could affect your area, how to get emergency alerts, and where you would go if you and your family need to evacuate. Start today by signing up for alerts, safe-guarding important documents, and taking other low cost and no cost preparedness actions to lessen the impact of disasters and emergencies for you and your family.

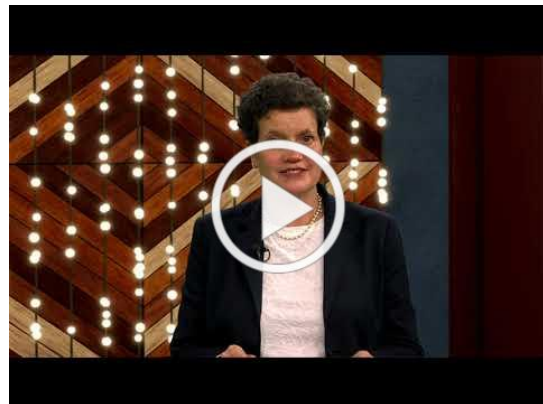
Here in New Hampshire, you can stay informed with the latest safety information using Homeland Security and Emergency Management's (HSEM's) [Twitter](#) and [Facebook](#) feeds, know of dangers in your area using [NH Alerts](#), and [learn what to do before, during, and after a disaster](#) on their website.

Last week, we were joined by Vanessa Palange, Community Outreach Coordinator from NH HSEM, on our TV Show, Public Health Matter.

Vanessa talked with our host, Jane Goodman, about National Preparedness Month and all of the steps you can take to be prepared.

Check out the video to the right!

For additional information and tips, visit www.ready.gov/be-informed.



PARENTS LEADING THE WAY

New Hampshire Children's Trust
9th Annual Strengthening Families Summit



Register Today! | September 22, 2021

This year the 9th Annual Strengthening Families Summit will convene parents, caregivers, and professionals from across the Granite State and beyond to showcase the work of parent leaders and the agencies that support them.

Keynote Speaker: Robin Higa, Executive Director of the Community Café Collaborative and founder of the Community Café approach.

Robin's keynote, *Partnering with Family Leaders: A Relationship Building Continuum*, will address why supporting parent leadership is key to all work with families that values inclusion, equity, and respect.

REGISTER at <https://nhct2021summit.vfairs.com> and follow us on social media for updates!

info@nhchildrenstrust.org | 10 Ferry Street, Suite 307, Concord, NH 03301 | (603) 224-1279



Public Health Resources

Nashua COVID-19 Hotline: 603-589-3456

Workforce Development

UNH Professional Development & Training: Certified Food Protection Manager Training - October 23 & 30
[Learn More and Enroll Here](#)

Job Opportunity: Public Health Emergency Preparedness Coordinator
[Apply Here](#)

Job Opportunity: Epidemiologist
[Apply Here](#)

Job Opportunity: Cooking Matters AmeriCops National Direct Member
[Learn More and Apply Here](#)

Additional Resources

[Nashua COVID-19 Website](#)

Upcoming Events

COVID-19 Testing
Mondays & Wednesdays / 8 to 10 a.m. or 3 - 4 p.m.
Harbor Care Health & Wellness (45 High St., Nashua)
By Appointment: 603-821-7788

Lamprey Health Care (22 Prospect St., Nashua)
By Appointment: 603-883-1626

SSANA
September 20 / 10 a.m. - 12 p.m.
(Between Temple St. and Cottage St., Nashua)

Immunizations (including COVID), Child Lead Testing
September 21 / 4 - 7 p.m.
Nashua Public Health (18 Mulberry St., Nashua)
By Appointment: Call 603-589-4500, Option 2

STD/HIV/HCV Testing, COVID-19 Vaccines
September 22 / 10 a.m. - 12 p.m.
Nashua Public Library (2 Court St., Nashua)

COVID-19 Vaccine Information

Regional Data
Dashboard

NH Housing Assistance

Regional Food Resources

Statewide Resources

SSANA

September 22 / 2 - 4 p.m.
(29 Temple St., Nashua)

STD/HIV/HCV Testing

September 23 / 3 - 6 p.m.
Nashua Public Health (18 Mulberry St., Nashua)
By Appointment: Call 603-589-4500, Option 2

Immunizations (including COVID), Child Lead Testing

September 24 / 9 a.m. - 12 p.m.
Nashua Public Health (18 Mulberry St., Nashua)
By Appointment: Call 603-589-4500, Option 2

Wheels and Wings

Tour our mobile outreach van!
September 25 / 10 a.m. - 12 p.m.
Nashua Airport (93 Perimeter Rd., Nashua)



2020 Greater Nashua Community Health Assessment

WE'RE ON AIR 

PUBLIC HEALTH RADIO HOUR
ALL THE THINGS YOU WANT TO KNOW AND SOME YOU DON'T.

TUNE IN WEEKLY TO WSMN RADIO 1590 AM AND 95.3 FM
FRIDAYS 10 - 11 AM

WE'RE ON TV!

 **Public Health Matters**

WATCH IT HERE 

 **NEW HAMPSHIRE
PUBLIC HEALTH
ASSOCIATION**

Improving Health, Preventing Disease, Reducing Costs for All

The New Hampshire Public Health Association (NHPHA) supports science-based public health policy and has a goal of informing citizenry of changes needed in the laws and government in order to improve public health. Subscribe to the "Health in All

ESAR - VHP, MRC, CERT, NHDART, MMRS, DBHRT

NH RESPONDS

New Hampshire Emergency System for Advance
Registration of Volunteer Health Professionals

NHResponds is the system used pre-register volunteers who are interested in responding in an emergency. Whether you are a healthcare provider, administrative specialist, a retired professional, or ready to help in your community, New Hampshire

Policies” E-News on their [website](#).

needs you. Check it out!

City of Nashua Division of Public Health and Community Services

Greater Nashua Public Health Network

(603) 589-4500

www.nashuanh.gov/DPHCS

STAY CONNECTED!

